



# Babysitting Safety Tips

1. Baby-sit only for people you and your parents know or you have a personal reference.
2. Be sure to write down the name, address and phone number of where you'll be babysitting.
  - a. Give a copy to your parents
  - b. Keep a copy by the phone while babysitting
3. Have your employer write down how to contact them.
4. Ask for the name and number of a nearby neighbor in case of an emergency.
5. Do not allow anyone into the house without the permission of your employer.
6. Do not tell callers that you are the babysitter alone with the children. If asked, say you are visiting and advise them that Mr. or Mrs. "Jones" is unavailable at the moment and take a message.
7. Be sure to lock all doors and windows and leave at least one outside light on.
8. If you hear suspicious noises or activities outside, DO NOT go outside. Turn on the outside lights and call 911.
9. If any children have medical conditions, write the information down.
10. Always know where all the exits to the residence are.

*Contact your local Police Department if you have any questions or concerns  
Roanoke County Police 562-3265 or Emergency dial 911*

